

Tur Cos Ta
Posibel



Sport coaching

About the project

Tur Cos Ta Posibel provides short placements in Aruba for sports coaching vocational students. The placements can be sport-specific; for example, football coaching students will be engaged in football camps, football coaching in schools, and after-school and weekend club activities.

We can also offer opportunities to engage with specialist activities, such as sports for people with disabilities, over-50s activities, and sports programs in prisons or on military bases.

Students who are studying more general sports coaching will be offered a multisport provision, which could include activities with our local community partners in athletics, swimming, triathlon, and gymnastics, for example.

Our programs are individually tailored to the student's educational journey and the curriculum they are studying. Students will be immersed in grassroots sports provision and will also have opportunities to volunteer at local sports events, such as road races, triathlons, or school sports programs.

Durations available

- Short term groups: 2-3 weeks
- Individual graduated students: 2-3 months

How to apply:

To apply or for more information, contact :
info@turcostaposibel.eu



@turcostaposibel

www.turcostaposibel.eu



Example of weekly timetable

| | Morning | Afternoon | Evening |
|-----------|-------------------------------------|------------------------------------|---------------------------------------|
| Monday | Over 50s aqua fitness | Ibisa afterschool sports programme | Cultural show in high rise hotel area |
| Tuesday | School sports or military base | Papiamento | Bon Bini festival |
| Wednesday | Over 50's fitness session | After school sports programme | Sports club coaching |
| Thursday | School sports session | Community football session | |
| Friday | Arrange college football tournament | Visit to National stadium | |
| Saturday | Possible match of local sports club | Free time and Cultural visits | |
| Sunday | | | |

Knowledge Skills and Competences to be gained

- Understand principles of sports coaching across multiple disciplines.
- Engage effectively with diverse participant groups (e.g., disabled, elderly).
- Conduct safe and inclusive coaching sessions.
- Organize and manage grassroots sports events.
- Apply tailored coaching strategies based on specific sports and environments.

How to apply:

To apply or for more information, contact :
info@turcostaposibel.eu

Alongside vocational work, explore Aruba's culture:

- Bon Bini festival
- Olympic or Paralympic sports committee
- National football stadium
- Football or baseball game
- Arikok National Park & historic caves
- San Nicolas mural tour
- Museum tour (Carnival, Community, Industrial)
- Papiamento language class

Follow us!



@turcostaposibel
www.turcostaposibel.eu

